



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

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Hellenkamp, Gisela

□□□: 39:49

□□: Hohe Ward Gazellen/TuS-Hiltrup

□□: 6.03 km/h

□□: 495

□□□□□□: 35

□□: 4.50 km

□□□□: 4.53

Nordic Walking 5 km

□□□□: 34 □