



Hexengrund-Triathlon Engerda

Engerda / 12.09.2009

0000

Byer, Uwe

000: 1:53:39

00: 2RD

00: 45

00: 38.00 km

00000/000: 11 (of 50)

Hexengrund-Triathlon 0,5-30-7,5

00000/0: 11 (of 44)

000000: 1:35:50

0000:

00000: 1(of 7)

TM 40, Senioren 1

0000000: 1:53:39

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Schwimmen	0.50	15:02	0.00	1	-	21	6:15	0.50	15:02	0.00	1	-	22	
Rad	30.00	1:00:12	29.90	1	-	5	4:02	30.50	1:15:14	23.93	1	-	22	
Lauf	7.50	38:25	10.93	3	3:09	21	9:33	38.00	1:53:39	20.06	1	-	11	17:49