



Hexengrund-Triathlon Engerda

Engerda / 12.09.2009

0000

Weitzel, Markus

000: 1:57:26

00: Großkochberg

00: 13

00: 38.00 km

00000/000: 16 (of 50)

Hexengrund-Triathlon 0,5-30-7,5

00000/0: 16 (of 44)

000000: 1:35:50

0000:

00000: 2(of 7)

TM 40, Senioren 1

0000000: 1:53:39

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------|-------|---------|-------|----|------|----|------|-------|---------|-------|----|------|----|-------|
| | km | 00 | km/h | - | - | 0 | 0 | km | 00 | km/h | - | - | 0 | 0 |
| Schwimmen | 0.50 | 15:29 | 0.00 | 2 | 0:27 | 24 | 6:42 | 0.50 | 15:29 | 0.00 | 2 | 0:27 | 37 | |
| Rad | 30.00 | 1:03:06 | 28.53 | 2 | 2:54 | 12 | 6:56 | 30.50 | 1:18:35 | 22.91 | 2 | 3:21 | 37 | |
| Lauf | 7.50 | 38:51 | 10.81 | 4 | 3:35 | 23 | 9:59 | 38.00 | 1:57:26 | 19.42 | 2 | 3:47 | 16 | 21:36 |