



Hexengrund-Triathlon Engerda

Engerda / 12.09.2009

0000

Markweg, Eric

000: 2:12:47

00: Ilmenau

00: 28

00: 38.00 km

00000/000: 35 (of 50)

Hexengrund-Triathlon 0,5-30-7,5

00000/0: 33 (of 44)

000000: 1:35:50

0000:

00000: 10(of 11)

TM 25

0000000: 1:39:01

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Schwimmen	0.50	15:27	0.00	9	6:27	23	6:40	0.50	15:27	0.00	10	3:39	13	
Rad	30.00	1:13:12	24.59	10	16:04	31	17:02	30.50	1:28:39	20.30	10	19:43	13	
Lauf	7.50	44:08	9.52	10	14:03	34	15:16	38.00	2:12:47	17.17	10	33:46	33	36:57