



2. Wartburg Staffel Marathon

Vom Pumpälzsteg zur Wartburg und zurück / 19.09.2009

□□□□

Sportteam-STEINBACH Meiningen II □□□: 4:36:17

□□: 74

□□: 58.80 km

Staffel Lauf

□□□□:

Männer Lauf

□□: 12.60 km/h

□□□□: 4:42 min/km

□□□□□/□□□: 4 (of 12)

□□□□□/□: 4 (of 11)

□□□□□□: 3:49:02

□□□□□: 4(of 11)

□□□□□□□: 3:49:02

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Pumpälzsteg	11.20	1:02:03	5:32	9	16:50	9	16:50	11.20	1:02:03	5:32	4	16:50	4	16:50
Hubertushaus	10.80	46:39	4:19	2	2:08	2	2:08	22.00	1:48:42	4:56	4	18:58	4	18:58
Parkplatz Wartbu	13.00	57:44	4:26	6	11:15	6	11:15	35.00	2:46:26	4:45	4	30:13	4	30:13
Hubertushaus	13.00	1:01:17	4:42	4	9:07	4	9:07	48.00	3:47:43	4:44	4	39:20	4	39:20
□□	10.80	48:34	4:29	7	7:55	7	7:55	58.80	4:36:17	4:41	4	47:15	4	47:15