



Langenberg-Marathon  
Bruchhausen / 04.10.2009

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Rüther, Monika

□□□: 4:06:04

□□: RSV Werl-Wickede/Team Langenberg Marathon □□: 19.51 km/h

□□: 37

□□: 80.00 km

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Mitteldistanz (Lizenz)

□□□□□/□: 1 (of 2)

□□□□□□: 4:06:04

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□□□□□: 1(of 2)

Lizenzfahrerinnen

□□□□□□□: 4:06:04

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	45.00	2:11:49	20.48	1	-	1	-	45.00	2:11:49	20.48	1	-	1	-
□□□ Ziel	35.00	1:54:15	18.38	1	-	1	-	80.00	4:06:04	19.51	1	-	1	-