



Langenberg-Marathon  
Bruchhausen / 04.10.2009

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Oosting, Bauke

□□: Team Rolfes

□□: 568

□□: 80.00 km

Mitteldistanz

□□□□:

Senioren II

□□□: 5:47:49

□□: 13.80 km/h

□□□□□/□□□: 130 (of 136)

□□□□□/□: 120 (of 125)

□□□□□□: 3:21:47

□□□□□: 48(of 49)

□□□□□□□: 3:21:47

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| □□□      | □□    | □□      | □□    | □□ | □□      | □□  | □□      | □□□   | □□□     | □□□   | □□ | □□      | □□  | □□      |
|----------|-------|---------|-------|----|---------|-----|---------|-------|---------|-------|----|---------|-----|---------|
|          | km    | □□      | km/h  | -  | -       | □   | □       | km    | □□      | km/h  | -  | -       | □   | □       |
| □□ 1     | 45.00 | 2:53:58 | 15.52 | 47 | 1:04:15 | 121 | 1:06:56 | 45.00 | 2:53:58 | 15.52 | 24 | 12:25   | 122 | 33:22   |
| □□□ Ziel | 35.00 | 2:53:51 | 12.08 | 48 | 1:21:47 | 120 | 1:21:47 | 80.00 | 5:47:49 | 13.80 | 48 | 2:26:02 | 120 | 2:26:02 |