



Langenberg-Marathon
Bruchhausen / 04.10.2009

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Oosting, Bauke

□□: Team Rolfes

□□: 568

□□: 80.00 km

Mitteldistanz

□□□□:

Senioren II

□□□: 5:47:49

□□: 13.80 km/h

□□□□□/□□□: 130 (of 136)

□□□□□/□: 120 (of 125)

□□□□□□: 3:21:47

□□□□□: 48(of 49)

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	45.00	2:53:58	15.52	47	1:04:15	121	1:06:56	45.00	2:53:58	15.52	24	12:25	122	33:22
□□□ Ziel	35.00	2:53:51	12.08	48	1:21:47	120	1:21:47	80.00	5:47:49	13.80	48	2:26:02	120	2:26:02