



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

Heinze, Michael

00: Beeskow

00: 435

00: 21.10 km

Cross-Halbmarathon

0000:

Männer M40

000: 1:45:32

00: 11.94 km/h

0000: 5:00 min/km

00000/000: 25 (of 133)

00000/0: 25 (of 99)

000000: 1:22:59

00000: 8(of 21)

0000000: 1:27:12

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	10.40	52:16	5:01	7	9:03	23	10:50	10.40	52:16	5:01	11	-	79	
000 00	10.70	53:16	4:58	8	9:32	29	12:09	21.10	1:45:32	5:00	8	18:20	25	22:33