



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

Zimmermann, Uwe

00: Berlin

00: 438

00: 21.10 km

Cross-Halbmarathon

0000:

Männer M40

000: 1:58:12

00: 10.66 km/h

0000: 5:36 min/km

00000/000: 62 (of 133)

00000/0: 59 (of 99)

000000: 1:22:59

00000: 13(of 21)

0000000: 1:27:12

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	10.40	1:04:01	6:09	18	20:48	80	22:35	10.40	1:04:01	6:09	21	10:02	95	9:33
000 00	10.70	54:11	5:03	9	10:27	35	13:04	21.10	1:58:12	5:36	13	31:00	59	35:13