



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

Goellner, Heiko

00: Seat AH

00: 354

00: 21.10 km

Cross-Halbmarathon

0000:

Männer M40

000: 2:00:29

00: 10.46 km/h

0000: 5:43 min/km

00000/000: 70 (of 133)

00000/0: 67 (of 99)

000000: 1:22:59

00000: 15(of 21)

0000000: 1:27:12

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	10.40	1:00:01	5:46	15	16:48	70	18:35	10.40	1:00:01	5:46	18	6:02	85	5:33
000 00	10.70	1:00:28	5:39	14	16:44	62	19:21	21.10	2:00:29	5:42	15	33:17	67	37:30