



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

**Palm, Ingo**

00: Polizei Berlin

00: 324

00: 21.10 km

Cross-Halbmarathon

0000:

Männer M50

000: 2:02:35

00: 10.28 km/h

0000: 5:49 min/km

00000/000: 75 (of 133)

00000/0: 71 (of 99)

000000: 1:22:59

00000: 5(of 8)

0000000: 1:45:38

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	10.40	1:00:26	5:48	7	8:52	74	19:00	10.40	1:00:26	5:48	7	8:52	89	5:58
000 00	10.70	1:02:09	5:48	4	8:19	70	21:02	21.10	2:02:35	5:48	5	16:57	71	39:36