



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

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Vinzelberg, Dirk

00: LG Roland Haldensleben
00: 605

00: 43.50 km
Marathon

0000:
Männer M45

000: 3:16:37

00: 13.12 km/h
0000: 4:31 min/km

00000/000: 3 (of 105)

00000/0: 3 (of 92)

000000: 3:10:17

00000: 1(of 13)

0000000: 3:16:37

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|-------|---------|--------|----|------|----|-------|-------|---------|--------|----|----|----|------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 11.60 | 46:27 | 4:00 | 1 | - | 3 | 0:55 | 11.60 | 46:27 | 4:00 | 1 | - | 58 | |
| 00 2 | 18.80 | 1:20:45 | 4:17 | 1 | - | 4 | 20:05 | 30.40 | 2:07:12 | 4:11 | 11 | - | 83 | |
| 000 00 | 13.10 | 1:09:25 | 5:17 | 2 | 3:17 | 8 | 6:47 | 43.50 | 3:16:37 | 4:31 | 1 | - | 3 | 6:20 |