



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

Herrmann, Ingmar

00: Strassacker

00: 719

00: 43.50 km

Marathon

0000:

Männer M35

000: 3:39:09

00: 11.77 km/h

0000: 5:02 min/km

00000/000: 11 (of 105)

00000/0: 11 (of 92)

000000: 3:10:17

00000: 2(of 8)

0000000: 3:30:32

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	51:30	4:26	3	2:29	12	5:58	11.60	51:30	4:26	2	2:29	50	
00 2	18.80	1:30:02	4:47	2	1:35	13	29:22	30.40	2:21:32	4:39	2	4:04	58	
000 00	13.10	1:17:37	5:55	3	4:33	19	14:59	43.50	3:39:09	5:02	2	8:37	11	28:52