



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

**Seiler, Heiko**

00: TSG-Seelow

00: 655

00: 43.50 km

Marathon

0000:

Männer M35

000: 3:58:01

00: 10.84 km/h

0000: 5:28 min/km

00000/000: 25 (of 105)

00000/0: 24 (of 92)

000000: 3:10:17

00000: 4(of 8)

0000000: 3:30:32

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	1:02:12	5:21	7	13:11	48	16:40	11.60	1:02:12	5:21	8	13:11	77	
00 2	18.80	1:40:38	5:21	5	12:11	28	39:58	30.40	2:42:50	5:21	4	25:22	45	
000 00	13.10	1:15:11	5:44	2	2:07	14	12:33	43.50	3:58:01	5:28	4	27:29	24	47:44