



### 3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

Rudolph, Ludwika

00: Dresden/Cossebaude

00: 618

00: 43.50 km

Marathon

0000:

Frauen W45

000: 4:14:04

00: 10.15 km/h

0000: 5:50 min/km

00000/000: 44 (of 105)

00000/0: 4 (of 13)

000000: 3:53:29

00000: 2(of 4)

0000000: 3:53:29

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	1:01:16	5:16	2	4:19	4	5:51	11.60	1:01:16	5:16	3	4:19	10	4:19
00 2	18.80	1:48:31	5:46	2	8:30	4	8:38	30.40	2:49:47	5:35	2	12:49	4	12:49
000 00	13.10	1:24:17	6:26	2	7:46	3	7:46	43.50	4:14:04	5:50	2	20:35	4	20:35