



3. Schlaubetal-Marathon
Eisenhüttenstadt / 17.10.2009

Abel, Detlev

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City: Berlin

Age: 699

Distance: 43.50 km

Marathon

Gender:

Männer M45

Time: 4:22:52

Speed: 9.93 km/h

Pace: 6:02 min/km

Rank/Total: 53 (of 105)

Rank/Category: 49 (of 92)

Rank/Group: 3:10:17

Rank/Group: 7(of 13)

Rank/Group: 3:16:37

Rank

Rank

Rank

Rank	km	Time	Pace	Rank	Time	Rank	Time	Rank	Time	Pace	Rank	Time	Rank	Time
1	11.60	1:00:34	5:13	7	14:07	41	15:02	11.60	1:00:34	5:13	5	14:07	14	
2	18.80	1:57:04	6:13	9	36:19	62	56:24	30.40	2:57:38	5:50	6	44:15	15	3:56
3	13.10	1:25:14	6:30	6	19:06	38	22:36	43.50	4:22:52	6:02	7	1:06:15	49	1:12:35