



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

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Gerhold, Lutz

00: Beeskow
00: 608

00: 43.50 km
Marathon

0000:
Männer M20

000: 4:30:00

00: 9.56 km/h
0000: 6:13 min/km

00000/000: 57 (of 105)

00000/0: 53 (of 92)

000000: 3:10:17

00000: 7(of 9)

0000000: 3:23:53

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|---------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 11.60 | 1:04:39 | 5:34 | 8 | 18:08 | 58 | 19:07 | 11.60 | 1:04:39 | 5:34 | 6 | 18:08 | 1 | - |
| 00 2 | 18.80 | 1:53:21 | 6:01 | 7 | 28:13 | 50 | 52:41 | 30.40 | 2:58:00 | 5:51 | 9 | 44:28 | 84 | 4:18 |
| 000 00 | 13.10 | 1:32:00 | 7:01 | 7 | 25:04 | 48 | 29:22 | 43.50 | 4:30:00 | 6:12 | 7 | 1:06:07 | 53 | 1:19:43 |