



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

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Kriese, Matthias

□□: Dresden

□□: 641

□□: 43.50 km

Marathon

□□□□:

Männer M30

□□□: 4:50:34

□□: 8.88 km/h

□□□□: 6:41 min/km

□□□□□/□□□: 74 (of 105)

□□□□□/□: 67 (of 92)

□□□□□□: 3:10:17

□□□□□: 7(of 8)

□□□□□□□: 3:48:34

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|--------|-------|---------|--------|----|-------|----|---------|-------|---------|--------|----|---------|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 11.60 | 1:05:24 | 5:38 | 7 | 11:55 | 66 | 19:52 | 11.60 | 1:05:24 | 5:38 | 8 | 11:55 | 87 | 0:45 |
| □□ 2 | 18.80 | 2:01:50 | 6:28 | 7 | 27:16 | 70 | 1:01:10 | 30.40 | 3:07:14 | 6:09 | 8 | 38:38 | 92 | 13:32 |
| □□□ □□ | 13.10 | 1:43:20 | 7:53 | 7 | 28:59 | 69 | 40:42 | 43.50 | 4:50:34 | 6:40 | 7 | 1:02:00 | 67 | 1:40:17 |