



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

0000

Hempel, Thomas

00: Volkssport

00: 606

00: 43.50 km

Marathon

0000:

Männer M45

000: 5:26:35

00: 7.90 km/h

0000: 7:31 min/km

00000/000: 98 (of 105)

00000/0: 87 (of 92)

000000: 3:10:17

00000: 13(of 13)

0000000: 3:16:37

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	11.60	1:17:26	6:40	13	30:59	89	31:54	11.60	1:17:26	6:40	10	30:59	25	12:47
00 2	18.80	2:10:30	6:56	12	49:45	78	1:09:50	30.40	3:27:56	6:50	10	1:14:33	28	34:14
000 00	13.10	1:58:39	9:03	13	52:31	85	56:01	43.50	5:26:35	7:30	13	2:09:58	87	2:16:18