

8. Unter-Tage-Sparkassen Marathon Bürgman- Schacht, Sondershausen / 05.12.2009



Bartels, Marco

□□: SSK Kerpen e.V.

□□: 38

□□: 42.20 km

Marathon

Männer M35

□□□: 4:14:40

□□: 9.90 km/h

□□□: 6:02 min/km

______ 62 (of 292)

______: 60 (of 267)

□□□□□□: 3:13:29

|||||: 11(of 50)

____: 3:22:06

km	ПП	min/km	-	-	П	П	km	∏∏ r	nin/km	-	-	П	П	

	km		min/km	-	-			km		min/km	-	-		
1	12.50	1:07:20	5:23	6	10:30	34	13:28	12.50	1:07:20	5:23	35		57	
□□ 2	10.55	1:01:18	5:48	11	12:00	62	13:32	23.05	2:08:38	5:34	35		62	
<u> </u>	10.55	1:10:13	6:39	17	16:49	90	21:54	33.60	3:18:51	5:55	24		54	45:54
	8.60	55:49	6:29	18	14:13	94	19:09	42.20	4:14:40	6:02	12	52:34	74	3:11:23