



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

□□□□

Theuer, Andreas

□□□: 4:15:11

□□: trisporthavelse

□□: 9.88 km/h

□□: 383

□□□□: 6:03 min/km

□□: 42.20 km

□□□□□/□□□: 63 (of 292)

Marathon

□□□□□/□: 61 (of 267)

□□□□□□: 3:13:29

□□□□:

□□□□□: 17(of 64)

Männer M40

□□□□□□□: 3:25:37

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	12.50	1:07:45	5:25	8	13:03	40	13:53	12.50	1:07:45	5:25	50		58	
□□ 2	10.55	59:07	5:36	10	9:31	44	11:21	23.05	2:06:52	5:30	59		63	
□□ 3	10.55	1:06:26	6:17	17	10:36	55	18:07	33.60	3:13:18	5:45	53		55	40:21
□□□ □□	8.60	1:01:53	7:11	36	21:14	151	25:13	42.20	4:15:11	6:02	20	3:11:54	75	3:11:54