



# 8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

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Guth, Thomas

□□: BSG Sparkasse Ulm

□□: 110

□□: 42.20 km

Marathon

□□□□:

Männer M40

□□□: 4:16:27

□□: 9.83 km/h

□□□□: 6:05 min/km

□□□□□/□□□: 68 (of 292)

□□□□□/□: 66 (of 267)

□□□□□□: 3:13:29

□□□□□: 18(of 64)

□□□□□□□: 3:25:37

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| □□□    | □□    | □□      | □□     | □□ | □□    | □□ | □□    | □□□   | □□□     | □□□    | □□ | □□      | □□ | □□      |
|--------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|---------|----|---------|
|        | km    | □□      | min/km | -  | -     | □  | □     | km    | □□      | min/km | -  | -       | □  | □       |
| □□ 1   | 12.50 | 1:11:31 | 5:43   | 18 | 16:49 | 74 | 17:39 | 12.50 | 1:11:31 | 5:43   | 51 |         | 63 | 3:16    |
| □□ 2   | 10.55 | 1:04:14 | 6:05   | 22 | 14:38 | 90 | 16:28 | 23.05 | 2:15:45 | 5:53   | 47 |         | 68 | 4:07    |
| □□ 3   | 10.55 | 1:07:57 | 6:26   | 21 | 12:07 | 70 | 19:38 | 33.60 | 3:23:42 | 6:03   | 42 |         | 60 | 50:45   |
| □□□ □□ | 8.60  | 52:45   | 6:08   | 21 | 12:06 | 67 | 16:05 | 42.20 | 4:16:27 | 6:04   | 21 | 3:13:10 | 80 | 3:13:10 |