



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

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Laschinsky, Peter

□□: Pirnaer Ruderverein
 □□: 195

□□: 42.20 km
 Marathon

□□□□:
 Männer M20

□□□: 4:27:45

□□: 9.41 km/h
 □□□□: 6:21 min/km

□□□□□/□□□: 96 (of 292)

□□□□□/□: 93 (of 267)

□□□□□□: 3:13:29

□□□□□: 15(of 31)

□□□□□□□: 3:32:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	12.50	1:11:43	5:44	13	14:53	75	17:51	12.50	1:11:43	5:44	16	-	91	3:28
□□ 2	10.55	1:07:45	6:25	19	16:16	133	19:59	23.05	2:19:28	6:03	16	-	96	7:50
□□ 3	10.55	1:13:54	7:00	14	18:40	123	25:35	33.60	3:33:22	6:21	1	-	87	1:00:25
□□□ □□	8.60	54:23	6:19	12	17:43	80	17:43	42.20	4:27:45	6:20	17	1:00:24	108	3:24:28