



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

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Dolejs, Jan

□□: Praha

□□: 64

□□: 42.20 km

Marathon

□□□□:

Männer M60

□□□: 4:36:04

□□: 9.13 km/h

□□□□: 6:32 min/km

□□□□□/□□□: 123 (of 292)

□□□□□/□: 118 (of 267)

□□□□□□: 3:13:29

□□□□□: 1(of 3)

□□□□□□□: 4:36:04

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|--------|-------|---------|--------|----|----|-----|-------|-------|---------|--------|----|----|-----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 12.50 | 1:16:23 | 6:06 | 1 | - | 138 | 22:31 | 12.50 | 1:16:23 | 6:06 | 1 | - | 117 | 8:08 |
| □□ 2 | 10.55 | 1:05:50 | 6:14 | 1 | - | 114 | 18:04 | 23.05 | 2:22:13 | 6:10 | 1 | - | 122 | 10:35 |
| □□ 3 | 10.55 | 1:12:08 | 6:50 | 1 | - | 105 | 23:49 | 33.60 | 3:34:21 | 6:22 | 1 | - | 111 | 1:01:24 |
| □□□ □□ | 8.60 | 1:01:43 | 7:10 | 1 | - | 150 | 25:03 | 42.20 | 4:36:04 | 6:32 | 1 | - | 134 | 3:32:47 |