

8. Unter-Tage-Sparkassen Marathon Bürgman- Schacht, Sondershausen / 05.12.2009



Rueß, André

□□: LT Bernd Hübner

□□: 298

□□: 42.20 km

Marathon

Männer M50

□□□: 5:13:45

□□: 8.03 km/h

□□□□: 7:26 min/km

_______: 207 (of 267)

[][][]: 3:13:29

□□□□: 20(of 26)

____: 3:26:30

	km		min/km	-	-			km		min/km	-	-		
□□ 1	12.50	1:20:36	6:26	15	20:10	187	26:44	12.50	1:20:36	6:26	7	4:16	206	12:21
□□ 2	10.55	1:10:52	6:43	15	19:32	173	23:06	23.05	2:31:28	6:34	7	1:52	212	19:50
□ □ 3	10.55	1:31:10	8:38	24	37:28	236	42:51	33.60	4:02:38	7:13	25	14:13	246	1:29:41
000 00	8.60	1:11:07	8:16	21	32:33	211	34:27	42.20	5:13:45	7:26	21	1:50:59	224	4:10:28