

8. Unter-Tage-Sparkassen Marathon Bürgman- Schacht, Sondershausen / 05.12.2009



 Hirn, Anton
 □□: 5:59:10

 □: Weiden
 □: 7.02 km/h

___: 133 ____: 8:31 min/km

□□: 42.20 km □□□□□/□□: 272 (of 292)

Marathon □□□□/□: 248 (of 267)

_____ 3:13:29 ____: ____ 25(of 26)

	km		min/km	-	-			km		min/km	-	-		
□□ 1	12.50	1:28:32	7:04	23	28:06	245	34:40	12.50	1:28:32	7:04	2	12:12	247	20:17
□□ 2	10.55	1:24:38	8:01	26	33:18	257	36:52	23.05	2:53:10	7:30	2	23:34	250	41:32
□□ 3	10.55	1:44:14	9:52	25	50:32	249	55:55	33.60	4:37:24	8:15	2	48:59	222	2:04:27
000 00	8.60	1:21:46	9:30	26	43:12	254	45:06	42.20	5:59:10	8:30	26	2:36:24	265	4:55:53