



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

0000

FISCHER, Michael

00: TC FIKO Rostock

00: 75

00: 42.16 km

Marathon

0000:

Männer M30

000: 3:49:26

00: 11.03 km/h

0000: 5:26 min/km

00000/000: 25 (of 289)

00000/0: 25 (of 261)

000000: 3:20:36

00000: 7(of 31)

0000000: 3:22:43

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	5.27	25:36	4:51	8	1:59	19	3:14	5.27	25:36	4:51	26		32	
00 2	5.27	27:27	5:12	11	2:54	41	4:01	10.54	53:03	5:01	21		30	
00 3	5.27	27:29	5:12	9	3:11	31	3:51	15.81	1:20:32	5:05	26		27	
00 4	5.27	28:12	5:21	9	3:33	32	3:34	21.08	1:48:44	5:09	21		26	
00 5	5.27	29:09	5:31	8	3:43	34	3:50	26.35	2:17:53	5:13	23		22	15:04
00 6	5.27	29:45	5:38	5	3:54	27	3:54	31.62	2:47:38	5:18	21	9:37	25	18:52
00 7	5.27	30:48	5:50	4	4:37	25	4:41	36.89	3:18:26	5:22	23		18	23:33
000 Ziel	5.27	31:00	5:52	4	4:56	26	5:17	42.16	3:49:26	5:26	7	26:43	33	3:22:39