



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

**FISCHER, Kay**

□□: SV Reinstetten

□□: 74

□□: 42.16 km

Marathon

□□□□:

Männer M30

□□□: 4:19:49

□□: 9.74 km/h

□□□□: 6:10 min/km

□□□□□/□□□: 88 (of 289)

□□□□□/□: 84 (of 261)

□□□□□□: 3:20:36

□□□□□: 16(of 31)

□□□□□□□: 3:22:43

□□□□

□□□□

□□□

| □□□      | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1     | 5.27     | 27:11    | 5:09         | 13      | 3:34    | 42      | 4:49    | 5.27      | 27:11     | 5:09          | 1       | -       | 76      |         |
| □□ 2     | 5.27     | 27:59    | 5:18         | 13      | 3:26    | 51      | 4:33    | 10.54     | 55:10     | 5:14          | 1       | -       | 80      |         |
| □□ 3     | 5.27     | 29:22    | 5:34         | 15      | 5:04    | 70      | 5:44    | 15.81     | 1:24:32   | 5:20          | 1       | -       | 89      |         |
| □□ 4     | 5.27     | 29:52    | 5:40         | 14      | 5:13    | 58      | 5:14    | 21.08     | 1:54:24   | 5:25          | 1       | -       | 79      |         |
| □□ 5     | 5.27     | 31:23    | 5:57         | 13      | 5:57    | 73      | 6:04    | 26.35     | 2:25:47   | 5:31          | 1       | -       | 41      | 22:58   |
| □□ 6     | 5.27     | 35:40    | 6:46         | 19      | 9:49    | 119     | 9:49    | 31.62     | 3:01:27   | 5:44          | 29      | 23:26   | 233     | 32:41   |
| □□ 7     | 5.27     | 38:43    | 7:20         | 19      | 12:32   | 128     | 12:36   | 36.89     | 3:40:10   | 5:58          | 1       | -       | 59      | 45:17   |
| □□□ Ziel | 5.27     | 39:39    | 7:31         | 18      | 13:35   | 132     | 13:56   | 42.16     | 4:19:49   | 6:09          | 16      | 57:06   | 94      | 3:53:02 |