



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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REINHARD-MILTZ, Gerhard

□□□: 4:30:59

□□: streakrunner.de

□□: 9.30 km/h

□□: 290

□□□□: 6:26 min/km

□□: 42.16 km

□□□□□/□□□: 112 (of 289)

Marathon

□□□□□/□: 108 (of 261)

□□□□□□: 3:20:36

□□□□:

□□□□□: 12(of 32)

Männer M50

□□□□□□□: 3:20:36

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|---------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|-------------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 5.27 | 30:53 | 5:51 | 10 | 6:50 | 110 | 8:31 | 5.27 | 30:53 | 5:51 | 20 | | | 118 |
| □□ 2 | 5.27 | 33:09 | 6:17 | 16 | 8:55 | 169 | 9:43 | 10.54 | 1:04:02 | 6:04 | 26 | 15:41 | | 224 |
| □□ 3 | 5.27 | 34:38 | 6:34 | 20 | 10:07 | 183 | 11:00 | 15.81 | 1:38:40 | 6:14 | 20 | | | 113 |
| □□ 4 | 5.27 | 35:02 | 6:38 | 18 | 10:24 | 173 | 10:24 | 21.08 | 2:13:42 | 6:20 | 19 | | | 97 2:02 |
| □□ 5 | 5.27 | 35:43 | 6:46 | 15 | 10:24 | 160 | 10:24 | 26.35 | 2:49:25 | 6:25 | 18 | | | 106 46:36 |
| □□ 6 | 5.27 | 31:46 | 6:01 | 6 | 5:49 | 54 | 5:55 | 31.62 | 3:21:11 | 6:21 | 26 | | | 93 52:25 |
| □□ 7 | 5.27 | 33:51 | 6:25 | 5 | 7:44 | 54 | 7:44 | 36.89 | 3:55:02 | 6:22 | 18 | | | 102 1:00:09 |
| □□ Ziel | 5.27 | 35:57 | 6:49 | 10 | 10:14 | 87 | 10:14 | 42.16 | 4:30:59 | 6:25 | 13 | 3:09:26 | 118 | 4:04:12 |