



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

SCHEITZA, Falko

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Club: DJK Preussen 1911 Bochum

Age: 311

Distance: 42.16 km

Marathon

Gender: Männer

Category: M45

Time: 4:42:49

Avg Speed: 8.94 km/h

Pace: 6:43 min/km

Rank: 151 (of 289)

Rank: 145 (of 261)

Rank: 3:20:36

Rank: 27 (of 50)

Rank: 3:39:13

Rank

Rank

Rank

Rank	km	Time	Pace	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time
1	5.27	31:19	5:56	25	7:56	122	8:57	5.27	31:19	5:56	3		155		
2	5.27	30:06	5:42	17	5:29	94	6:40	10.54	1:01:25	5:49	42		210		
3	5.27	30:55	5:51	18	5:34	99	7:17	15.81	1:32:20	5:50	3		150		
4	5.27	31:53	6:02	20	5:03	101	7:15	21.08	2:04:13	5:53	44		227		
5	5.27	33:59	6:26	24	6:21	122	8:40	26.35	2:38:12	6:00	4		143	35:23	
6	5.27	35:38	6:45	24	7:26	118	9:47	31.62	3:13:50	6:07	3		129	45:04	
7	5.27	39:36	7:30	31	11:25	149	13:29	36.89	3:53:26	6:19	5		131	58:33	
Ziel	5.27	49:23	9:22	46	21:00	224	23:40	42.16	4:42:49	6:42	28	3:22:03	155	4:16:02	