



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

THOMHAV HØRLYCK, Dorrit

□□□: 4:53:46

□□: Århus 1900

□□: 8.58 km/h

□□: 375

□□□□: 6:58 min/km

□□: 42.16 km

□□□□□/□□□: 183 (of 289)

Marathon

□□□□□/□: 12 (of 28)

□□□□□□: 4:05:29

□□□□:

□□□□□: 1(of 2)

Frauen W55

□□□□□□□: 4:53:46

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	35:04	6:39	2	2:48	15	7:19	5.27	35:04	6:39	1	-	16	3:43
□□ 2	5.27	33:40	6:23	1	-	9	4:34	10.54	1:08:44	6:31	1	-	11	
□□ 3	5.27	36:21	6:53	1	-	13	7:18	15.81	1:45:05	6:38	1	-	15	0:06
□□ 4	5.27	36:29	6:55	1	-	12	7:11	21.08	2:21:34	6:42	1	-	16	
□□ 5	5.27	35:45	6:47	1	-	9	5:59	26.35	2:57:19	6:43	1	-	14	
□□ 6	5.27	38:11	7:14	1	-	10	7:25	31.62	3:35:30	6:48	1	-	14	
□□ 7	5.27	38:31	7:18	1	-	10	6:38	36.89	4:14:01	6:53	1	-	14	39:16
□□□ Ziel	5.27	39:45	7:32	1	-	12	7:32	42.16	4:53:46	6:58	1	-	12	3:24:05