



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

HOFFMANN, Andrea

□□: 1. LAV Rostock

□□: 128

□□: 42.16 km

Marathon

□□□□:

Frauen W50

□□□: 5:42:34

□□: 7.36 km/h

□□□□: 8:08 min/km

□□□□□/□□□: 258 (of 289)

□□□□□/□: 23 (of 28)

□□□□□□: 4:05:29

□□□□□: 4(of 4)

□□□□□□□: 4:55:15

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	36:16	6:52	4	4:55	19	8:31	5.27	36:16	6:52	4	4:55	5	4:55
□□ 2	5.27	37:49	7:10	4	6:13	22	8:43	10.54	1:14:05	7:01	2	5:11	9	2:57
□□ 3	5.27	38:49	7:21	4	6:17	22	9:46	15.81	1:52:54	7:08	4	17:25	5	7:55
□□ 4	5.27	40:29	7:40	4	6:18	22	11:11	21.08	2:33:23	7:16	4	23:43	5	8:50
□□ 5	5.27	42:38	8:05	4	5:17	21	12:52	26.35	3:16:01	7:26	4	29:00	5	12:24
□□ 6	5.27	47:44	9:03	4	10:16	25	16:58	31.62	4:03:45	7:42	4	37:11	5	22:40
□□ 7	5.27	50:27	9:34	4	10:17	26	18:34	36.89	4:54:12	7:58	3	32:57	4	1:19:27
□□□ Ziel	5.27	48:22	9:10	4	5:41	25	16:09	42.16	5:42:34	8:07	4	47:19	24	4:12:53