



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

0000

Schubert, Andrea

00: Neustadt

00: 193

00: 9.75 km

10 km Lauf

0000:

Frauen W45

000: 55:16

00: 10.59 km/h

0000: 5:40 min/km

00000/000: 117 (of 150)

00000/0: 10 (of 22)

000000: 40:02

00000: 4(of 8)

0000000: 46:58

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:18	5:19	4	2:46	9	4:55	3.25	17:18	5:19	4	2:46	14	
00 2	3.25	19:11	5:54	5	3:13	12	5:33	6.50	36:29	5:36	4	5:59	14	
000 00	3.25	18:47	5:46	4	2:19	10	4:46	9.75	55:16	5:40	4	8:18	10	15:14