



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

□□□□

Rauscher, Georg

□□: LG Neckar-Enz

□□: 45

□□: 42.25 km

Marathon

□□□□:

Männer M45

□□□: 3:22:22

□□: 12.45 km/h

□□□□: 4:47 min/km

□□□□□/□□□: 10 (of 86)

□□□□□/□: 10 (of 74)

□□□□□□: 2:43:30

□□□□□: 2(of 20)

□□□□□□□: 3:14:03

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 14:15 | 4:23 | 3 | 0:44 | 11 | 2:50 | 3.25 | 14:15 | 4:23 | 20 | - | - | 47 | |
| □□ 2 | 3.25 | 14:53 | 4:34 | 3 | 0:57 | 12 | 2:48 | 6.50 | 29:08 | 4:28 | 20 | - | - | 47 | |
| □□ 3 | 3.25 | 15:23 | 4:44 | 4 | 1:23 | 16 | 3:09 | 9.75 | 44:31 | 4:33 | 18 | - | - | 43 | |
| □□ 4 | 3.25 | 15:22 | 4:43 | 3 | 1:03 | 15 | 2:51 | 13.00 | 59:53 | 4:36 | 18 | 4:07 | - | 61 | |
| □□ 5 | 3.25 | 15:29 | 4:45 | 3 | 1:08 | 15 | 2:52 | 16.25 | 1:15:22 | 4:38 | 20 | - | - | 48 | |
| □□ 6 | 3.25 | 15:19 | 4:42 | 3 | 1:02 | 11 | 2:39 | 19.50 | 1:30:41 | 4:39 | 1 | - | - | 43 | |
| □□ 7 | 3.25 | 15:33 | 4:47 | 3 | 0:51 | 12 | 2:50 | 22.75 | 1:46:14 | 4:40 | 1 | - | - | 45 | |
| □□ 8 | 3.25 | 15:27 | 4:45 | 2 | 0:35 | 8 | 2:34 | 26.00 | 2:01:41 | 4:40 | 19 | - | - | 43 | |
| □□ 9 | 3.25 | 15:36 | 4:47 | 2 | 0:33 | 10 | 3:00 | 29.25 | 2:17:17 | 4:41 | 18 | - | - | 36 | |
| □□ 10 | 3.25 | 15:53 | 4:53 | 3 | 0:15 | 9 | 3:07 | 32.50 | 2:33:10 | 4:42 | 20 | - | - | 37 | |
| □□ 11 | 3.25 | 16:17 | 5:00 | 3 | 0:16 | 9 | 3:16 | 35.75 | 2:49:27 | 4:44 | 19 | - | - | 37 | |
| □□ 12 | 3.25 | 16:55 | 5:12 | 4 | 0:25 | 11 | 3:51 | 39.00 | 3:06:22 | 4:46 | 16 | - | - | 40 | |
| □□□ □□ | 3.25 | 16:00 | 4:55 | 2 | 1:00 | 8 | 3:05 | 42.25 | 3:22:22 | 4:47 | 2 | 8:19 | 11 | 2:27:42 | |