



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

0000

Geiken, Annette

00: LG RWE Power

00: 88

00: 42.25 km

Marathon

0000:

Frauen W40

000: 3:24:35

00: 12.32 km/h

0000: 4:50 min/km

00000/000: 14 (of 86)

00000/0: 1 (of 12)

000000: 3:24:35

00000: 1(of 5)

0000000: 3:24:35

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:43	4:31	1	-	1	-	3.25	14:43	4:31	1	-	1	-
00 2	3.25	14:53	4:34	1	-	1	-	6.50	29:36	4:33	1	-	1	-
00 3	3.25	15:07	4:39	1	-	1	-	9.75	44:43	4:35	1	-	1	-
00 4	3.25	15:17	4:42	1	-	1	-	13.00	1:00:00	4:36	5		11	
00 5	3.25	15:18	4:42	1	-	1	-	16.25	1:15:18	4:38	1	-	1	-
00 6	3.25	15:15	4:41	1	-	1	-	19.50	1:30:33	4:38	1	-	1	-
00 7	3.25	15:55	4:53	1	-	1	-	22.75	1:46:28	4:40	1	-	1	-
00 8	3.25	15:45	4:50	1	-	1	-	26.00	2:02:13	4:42	5		12	
00 9	3.25	15:58	4:54	1	-	1	-	29.25	2:18:11	4:43	1	-	1	-
00 10	3.25	16:24	5:02	1	-	1	-	32.50	2:34:35	4:45	1	-	1	-
00 11	3.25	16:43	5:08	1	-	1	-	35.75	2:51:18	4:47	1	-	1	-
00 12	3.25	16:49	5:10	1	-	1	-	39.00	3:08:07	4:49	4		9	
000 00	3.25	16:28	5:03	1	-	1	-	42.25	3:24:35	4:50	1	-	1	-