



# 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

0000

Kaluza, Heinrich

00: Gifas-Electric

00: 61

00: 42.25 km

Marathon

0000:

Männer M50

000: 3:41:56

00: 11.35 km/h

0000: 5:15 min/km

00000/0000: 23 (of 86)

00000/0: 22 (of 74)

000000: 2:43:30

00000: 1(of 14)

0000000: 3:41:56

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| 000    | 00   | 00    | 00     | 00 | 00   | 00 | 00   | 000   | 000     | 000    | 00 | 00 | 00 | 00      |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|----|----|---------|
|        | km   | 00    | min/km | -  | -    | 0  | 0    | km    | 00      | min/km | -  | -  | 0  | 0       |
| 00 1   | 3.25 | 15:14 | 4:41   | 2  | 0:02 | 22 | 3:49 | 3.25  | 15:14   | 4:41   | 1  | -  | 72 |         |
| 00 2   | 3.25 | 15:43 | 4:50   | 1  | -    | 20 | 3:38 | 6.50  | 30:57   | 4:45   | 1  | -  | 72 |         |
| 00 3   | 3.25 | 15:51 | 4:52   | 1  | -    | 20 | 3:37 | 9.75  | 46:48   | 4:47   | 1  | -  | 64 |         |
| 00 4   | 3.25 | 16:05 | 4:56   | 1  | -    | 20 | 3:34 | 13.00 | 1:02:53 | 4:50   | 11 | -  | 64 |         |
| 00 5   | 3.25 | 16:15 | 5:00   | 1  | -    | 21 | 3:38 | 16.25 | 1:19:08 | 4:52   | 1  | -  | 70 |         |
| 00 6   | 3.25 | 16:25 | 5:03   | 1  | -    | 21 | 3:45 | 19.50 | 1:35:33 | 4:53   | 1  | -  | 61 |         |
| 00 7   | 3.25 | 16:41 | 5:08   | 1  | -    | 19 | 3:58 | 22.75 | 1:52:14 | 4:56   | 1  | -  | 54 |         |
| 00 8   | 3.25 | 17:14 | 5:18   | 3  | 0:28 | 25 | 4:21 | 26.00 | 2:09:28 | 4:58   | 1  | -  | 51 |         |
| 00 9   | 3.25 | 17:46 | 5:28   | 3  | 1:07 | 26 | 5:10 | 29.25 | 2:27:14 | 5:02   | 1  | -  | 67 |         |
| 00 10  | 3.25 | 17:59 | 5:31   | 3  | 0:55 | 24 | 5:13 | 32.50 | 2:45:13 | 5:05   | 1  | -  | 70 |         |
| 00 11  | 3.25 | 18:40 | 5:44   | 3  | 1:27 | 25 | 5:39 | 35.75 | 3:03:53 | 5:08   | 14 | -  | 71 |         |
| 00 12  | 3.25 | 19:14 | 5:55   | 4  | 1:29 | 28 | 6:10 | 39.00 | 3:23:07 | 5:12   | 1  | -  | 49 |         |
| 000 00 | 3.25 | 18:49 | 5:47   | 3  | 1:23 | 28 | 5:54 | 42.25 | 3:41:56 | 5:15   | 1  | -  | 23 | 2:47:16 |