



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

0000

Weinknecht, Axel

00: LG Mauerweg

00: 32

00: 42.25 km

Marathon

0000:

Männer M40

000: 3:54:03

00: 10.77 km/h

0000: 5:32 min/km

00000/000: 37 (of 86)

00000/0: 34 (of 74)

000000: 2:43:30

00000: 9(of 16)

0000000: 2:43:30

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:32	5:05	9	5:07	36	5:07	3.25	16:32	5:05	1	-	60	
00 2	3.25	17:04	5:15	9	4:59	36	4:59	6.50	33:36	5:10	10	-	60	
00 3	3.25	17:06	5:15	9	4:52	34	4:52	9.75	50:42	5:12	9	14:58	37	
00 4	3.25	16:58	5:13	10	4:27	36	4:27	13.00	1:07:40	5:12	5	19:25	52	
00 5	3.25	17:14	5:18	9	4:37	33	4:37	16.25	1:24:54	5:13	8	11:46	58	
00 6	3.25	17:15	5:18	9	4:35	34	4:35	19.50	1:42:09	5:14	9	28:37	17	
00 7	3.25	17:32	5:23	10	4:49	36	4:49	22.75	1:59:41	5:15	8	33:26	63	4:05
00 8	3.25	17:44	5:27	8	4:51	30	4:51	26.00	2:17:25	5:17	7	38:17	59	
00 9	3.25	18:29	5:41	9	5:53	34	5:53	29.25	2:35:54	5:19	8	44:10	55	
00 10	3.25	19:13	5:54	10	6:27	37	6:27	32.50	2:55:07	5:23	9	50:37	58	
00 11	3.25	19:58	6:08	10	6:57	39	6:57	35.75	3:15:05	5:27	8	57:34	58	
00 12	3.25	19:46	6:04	9	6:42	35	6:42	39.00	3:34:51	5:30	9	1:04:16	51	
000 00	3.25	19:12	5:54	8	6:17	30	6:17	42.25	3:54:03	5:32	10	2:59:23	35	2:59:23