



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

0000

Kitzing, Veit

00: Lauffreß Breitung e. V.

00: 100

00: 42.25 km

Marathon

0000:

Männer M45

000: 3:58:48

00: 10.55 km/h

0000: 5:39 min/km

00000/000: 41 (of 86)

00000/0: 38 (of 74)

000000: 2:43:30

00000: 9(of 20)

0000000: 3:14:03

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0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:45	5:09	12	3:14	42	5:20	3.25	16:45	5:09	13	1:25	19	
00 2	3.25	17:18	5:19	10	3:22	40	5:13	6.50	34:03	5:14	13	1:17	19	
00 3	3.25	17:14	5:18	10	3:14	37	5:00	9.75	51:17	5:15	11	0:22	14	
00 4	3.25	17:12	5:17	10	2:53	37	4:41	13.00	1:08:29	5:16	10	12:43	18	
00 5	3.25	17:56	5:31	9	3:35	40	5:19	16.25	1:26:25	5:19	13		19	
00 6	3.25	17:18	5:19	9	3:01	35	4:38	19.50	1:43:43	5:19	10	13:02	13	
00 7	3.25	17:48	5:28	9	3:06	38	5:05	22.75	2:01:31	5:20	12	15:17	14	5:55
00 8	3.25	17:49	5:28	9	2:57	32	4:56	26.00	2:19:20	5:21	13		18	
00 9	3.25	18:06	5:34	9	3:03	30	5:30	29.25	2:37:26	5:22	11		17	
00 10	3.25	18:53	5:48	9	3:15	33	6:07	32.50	2:56:19	5:25	13		17	
00 11	3.25	19:25	5:58	9	3:24	32	6:24	35.75	3:15:44	5:28	12		18	
00 12	3.25	22:05	6:47	11	5:35	50	9:01	39.00	3:37:49	5:35	11		14	
000 00	3.25	20:59	6:27	11	5:59	46	8:04	42.25	3:58:48	5:39	9	44:45	39	3:04:08