



# 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

0000

Martin, Alexandra

00: Zeitjäger

00: 85

00: 42.25 km

Marathon

0000:

Frauen W35

000: 4:20:50

00: 9.66 km/h

0000: 6:10 min/km

00000/0000: 59 (of 86)

00000/0: 7 (of 12)

000000: 3:24:35

00000: 1(of 2)

0000000: 4:20:50

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| 000    | 00   | 00    | 00     | 00 | 00   | 00 | 00   | 000   | 000     | 000    | 00 | 00 | 00 | 00    |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|----|----|-------|
|        | km   | 00    | min/km | -  | -    | 0  | 0    | km    | 00      | min/km | -  | -  | 0  | 0     |
| 00 1   | 3.25 | 16:51 | 5:11   | 1  | -    | 4  | 2:08 | 3.25  | 16:51   | 5:11   | 1  | -  | 7  | 2:08  |
| 00 2   | 3.25 | 17:55 | 5:30   | 1  | -    | 5  | 3:02 | 6.50  | 34:46   | 5:20   | 1  | -  | 7  | 5:10  |
| 00 3   | 3.25 | 18:40 | 5:44   | 1  | -    | 6  | 3:33 | 9.75  | 53:26   | 5:28   | 1  | -  | 7  | 8:43  |
| 00 4   | 3.25 | 18:50 | 5:47   | 1  | -    | 7  | 3:33 | 13.00 | 1:12:16 | 5:33   | 1  | -  | 5  | 2:25  |
| 00 5   | 3.25 | 20:01 | 6:09   | 2  | 0:41 | 9  | 4:43 | 16.25 | 1:32:17 | 5:40   | 1  | -  | 7  | 16:59 |
| 00 6   | 3.25 | 19:46 | 6:04   | 1  | -    | 6  | 4:31 | 19.50 | 1:52:03 | 5:44   | 1  | -  | 7  | 21:30 |
| 00 7   | 3.25 | 19:53 | 6:07   | 2  | 0:20 | 7  | 3:58 | 22.75 | 2:11:56 | 5:47   | 1  | -  | 7  | 25:28 |
| 00 8   | 3.25 | 20:27 | 6:17   | 2  | 0:20 | 8  | 4:42 | 26.00 | 2:32:23 | 5:51   | 1  | -  | 6  | 16:07 |
| 00 9   | 3.25 | 21:13 | 6:31   | 1  | -    | 7  | 5:15 | 29.25 | 2:53:36 | 5:56   | 1  | -  | 7  | 35:25 |
| 00 10  | 3.25 | 23:54 | 7:21   | 2  | 1:03 | 11 | 7:30 | 32.50 | 3:17:30 | 6:04   | 1  | -  | 6  | 42:55 |
| 00 11  | 3.25 | 21:48 | 6:42   | 1  | -    | 7  | 5:05 | 35.75 | 3:39:18 | 6:08   | 1  | -  | 7  | 48:00 |
| 00 12  | 3.25 | 21:14 | 6:31   | 1  | -    | 6  | 4:25 | 39.00 | 4:00:32 | 6:10   | 1  | -  | 5  | 30:49 |
| 000 00 | 3.25 | 20:18 | 6:14   | 1  | -    | 5  | 3:50 | 42.25 | 4:20:50 | 6:10   | 1  | -  | 7  | 56:15 |