



5. Walk in Herne
Herne / 14.03.2010

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Braun, Freia

□□: Diemel Walker Warburg

□□: 13595

□□: 13.00 km

Nordic Walking

□□□: 1:51:12

□□: 7.01 km/h

□□□□□□: 180

□□□□: 15.70

□□□□: 110 □