



5. Walk in Herne  
Herne / 14.03.2010

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Beinborn, Stefan

□□: LG Halver-Schalksmühle

□□: 20560

□□: 20.00 km

Nordic Walking

□□□: 2:41:28

□□: 7.43 km/h

□□□□□□: 300

□□□□: 24.50

□□□□: 182 □