



5. Walk in Herne  
Herne / 14.03.2010

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Weygardt, Martina

□□: Hohe Ward Gazellen/TuS-Hiltrup

□□: 5540

□□: 5.00 km

Nordic Walking

□□□: 45:48

□□: 6.55 km/h

□□□□□□: 99

□□□□: 6.49

□□□□: 42 □