



4. Lönskrug "Warm-up-Marathon" für Mountainbiker
Hellental (Gemeinde Heinade) / 18.04.2010

□□□□

Köhler, Ira

□□: Emmerthal

□□: 52

□□: 40.80 km

Mitteldistanz Hobby

□□□□:

Seniorinnen I Hobby

□□□: 2:14:18

□□: 17.87 km/h

□□□□: 18,23 min/km

□□□□□/□□□: 117 (of 141)

□□□□□/□: 5 (of 12)

□□□□□□: 1:50:46

□□□□□: 1(of 3)

□□□□□□□: 2:14:18