



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

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Oberdiek, Uwe

□□□: 2:25:00

□□: run and bike 4 help.de

□□: 16.55 km/h

□□: 334

□□□□: 16,88 min/km

□□: 40.80 km

□□□□□/□□□: 127 (of 141)

Mitteldistanz Hobby

□□□□□/□: 120 (of 129)

□□□□□□: 1:31:26

□□□□:

□□□□□: 45(of 51)

Senioren I Hobby

□□□□□□□: 1:36:16