



4. Lönskrug "Warm-up-Marathon" für Mountainbiker
Hellental (Gemeinde Heinade) / 18.04.2010

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Helmker, Frank

□□□: 2:39:59

□□: Focus BADSALZDETFURTH racing

□□: 22.95 km/h

□□: 545

□□□□: 22,95 min/km

□□: 61.20 km

□□□□□/□□□: 24 (of 60)

Langdistanz Hobby

□□□□□/□: 24 (of 56)

□□□□:

□□□□□: 2:14:55

Senioren II Hobby

□□□□□: 1(of 8)

□□□□□□□: 2:39:59