



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

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Hansen, Ralf

□□□: 2:43:03

□□: Hamburg

□□: 14.72 km/h

□□: 716

□□□□: 15,01 min/km

□□: 40.80 km

□□□□□/□□□: 136 (of 141)

Mitteldistanz Hobby

□□□□□/□: 125 (of 129)

□□□□□□: 1:31:26

□□□□:

□□□□□: 48(of 51)

Senioren I Hobby

□□□□□□□: 1:36:16