



4. Lönskrug "Warm-up-Marathon" für Mountainbiker  
Hellental (Gemeinde Heinade) / 18.04.2010

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Steinheider, Dirk

□□□: 3:35:26

□□: Barsinghausen

□□: 16.99 km/h

□□: 521

□□□□: 17,04 min/km

□□: 61.20 km

□□□□□/□□□: 58 (of 60)

Langdistanz Hobby

□□□□□/□: 54 (of 56)

□□□□□□: 2:14:55

□□□□:

□□□□□: 21(of 21)

Senioren I Hobby

□□□□□□□: 2:14:55