



4. Lönskrug "Warm-up-Marathon" für Mountainbiker
Hellental (Gemeinde Heinade) / 18.04.2010

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Spieker, Norbert

□□: Fitness-Center-Spieker

□□: 335

□□: 40.80 km

Mitteldistanz Hobby

□□□□:

Senioren II Hobby

□□□: 1:37:09

□□: 24.70 km/h

□□□□: 25,20 min/km

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□□□□□/□: 9 (of 129)

□□□□□□: 1:31:26

□□□□□: 1(of 11)

□□□□□□□: 1:37:09