



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

□□□□

Beier, Rudolf

□□□: 2:33:29

□□: Koronarsportverein Distel-Walker

□□: 7.04 km/h

□□: 2052

□□□□□□: 640

□□: 18.00 km

□□□□: 27.60

Nordic Walking

□□□□: 200 □