



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

□□□□

Zurek-Imhoff, Beatrix

□□□: 2:33:35

□□: Hohe Ward Gazellen/TuS-Hiltrup

□□: 7.03 km/h

□□: 2075

□□□□□□: 640

□□: 18.00 km

□□□□: 27.60

Walking

□□□□: 199 □